



Virginia Headwaters Council (VAHC)

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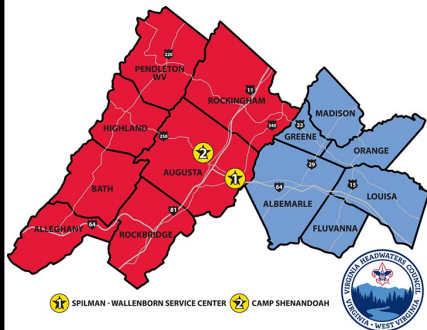
Hours of Operation:  
Monday-Friday 9AM-5PM  
Scout Shop Closed on Monday

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## 2022 HONORS VIRGINIA HEADWATERS COUNCIL

**FEBRUARY 18, 2023 - 6:00 PM**  
**Tinkling Spring Presbyterian Church**

**Our 2022 Honors Dinner and Recognition will be held on  
Saturday, February 18, 6:00 PM at the Tinkling Spring  
Presbyterian Church.**

**We will be honoring the Scouts and Scouters of the  
Virginia Headwaters Council:**

**2022 Eagle Scout Class**

**2022 Outstanding Eagle Scout Project**

**Silver Beaver Recipients -**

**John Lindegren, Matthew Phillippi**

**NESA Outstanding Eagle Scout -**

**Peter Echols, Daman Irby**

**District Award of Merit Recognitions  
and other awards**

**Register at [VAHCBSA.org/RecDinner](http://VAHCBSA.org/RecDinner)**

**The New Year started with a real change in how we do business.**

Currently, the Council has 3 employees. Assistant Scout Executive Sue Hart is our only commissioned professional Scout. Terry Michael is the office manager/accountant and Bill Hunter is the Camp Ranger. That is it for people the Council pays. We hope to be able to get a District Executive for both Districts if we are able to get the funding we need. With the reduced staff, please be patient with requests to the Council Service Center. Sue and Terry are moving as fast as they can from one issue to another.

If your unit has not already done so, please sign up for our summer camp. "Come Home to Camp Shenandoah." There are four weeks for Scouts BSA and a partial week each for Webelos and Cubs. Jay Fox has recruited a stellar leadership team and we are expecting great things this summer. We expect to deliver an exciting summer program, with a great staff and really good food.

We just had our Annual Business meeting where we adopted an annual budget. For the first time in several years, we are projecting a break-even or slightly in-the-black budget. To do that we had to significantly reduce expenses. Now we must increase our revenue. Your support in camp attendance, Friends of Scouting donations and support for popcorn and peanut sales will make that happen. Please help keep Scouting vibrant in our council.

This month we will honor our Eagle Scouts of 2022 at our Annual Awards Event. We had 90 Eagles this year and we are asking them all to attend the Event. We would also like the Eagle families, friends, and neighbors to attend. Many of our fellow Scouters will be recognized with awards as well, so you will want to be there to show your support. Please go to the Virginia Headwaters Council website and sign up.

Sincere thanks to all who make Scouting work in our Council. We need you all and we value your every contribution to the success of Scouting.

Steve Hammond - Council President  
steve.hammond@hammondtownsend.com  
434-962-5813



**FRIENDS OF SCOUTING LUNCHEON - March 28, 2023**

Dear Friends of Scouting Leaders:

We are excited to share with you, first hand, our speaker for 2023. We are proud to announce Denver Rigglesman as the Friends of Scouting Luncheon speaker for 2023. Denver Rigglesman is a local business owner, having opened a Distillery off of Rt. 151, in 2014. Additionally, he is a former Air Force officer and National Security Agency contractor. Denver is a former politician who served Virginia's 5th congressional district for one term.



You have been an important leader as part of our fundraising success for the FOS Luncheon in the past. Please join us at this year's event which will take place March 28th, 2023 at UVA's Alumni Hall. If you would like your company, or personal gift to be recognized on this year's invitation please reach out to me, [susan.hart@scouting.org](mailto:susan.hart@scouting.org)

**Virginia Headwaters Council 2023 Friends of Scouting Luncheon – Sponsorship Levels****Presenting: \$7,500 and above**

- Large Company Logo on top of sponsor list on all invitations, table stands, programs and banner presentations
- Two 8-10 table seating in front of room.
- Company information table near registration table (optional).
- Business promotional items added to all tables (25-28) (optional).
- 12 Month Listing on Council Website, Newsletter (The Tributary) and Facebook Page

**Cabinet: \$5,000**

- Medium Company Logo on sponsor list on all invitations, table stands, programs and banner presentations.
- One 8-10 table seating in middle of room.
- Company information table near registration table (optional).
- 6 Month Listing on Council Website, Newsletter (The Tributary) and Facebook Page

**Luncheon: \$2,500**

- Small Company Logo on sponsor list on all invitations, table stands, programs and banner presentations.
- One 8-10 table seating in front of room.

**Table: \$1,250**

- Company Name on sponsor list on all invitations, table stands, programs and banner presentations.
- One 8-10 table seating in front of room.

For additional questions and information please contact Sue Hart 434-872-3320 or email [susan.hart@scouting.org](mailto:susan.hart@scouting.org)

We very much appreciate your past support and hope you will continue your generosity in the new year.

Have a healthy and prosperous New Year.

*Sue Hart*

Assistant Scout Executive



BOY SCOUTS OF AMERICA®  
VIRGINIA HEADWATERS COUNCIL

# Merit Badge Day @ BRCC



## SATURDAY APRIL 22ND

**Houff Student Center  
Weyers Cave Campus**

We will have the following Merit Badges:

### MORNING 8:00 AM - NOON

- Veterinary Medicine
- Healthcare Careers
- Scouting Heritage
- Traffic Safety

**HOT DOG LUNCH 12-1 pm  
Drone Demonstration**

### AFTERNOON 1-5 PM

- Scholarship
- Electronics
- Truck Transportation

This is a free event. Scouts/Scouters who attend both a morning and an afternoon session will receive a free lunch. Don't miss the drone demonstration during lunch!

**Register here:**

**<https://tinyurl.com/47b5xdvk>**



**Blue Ridge**  
Community College



# MONTICELLO District

District Chair: Ed Murphy

District Commissioner: Michelle McCrone

Ed Murphy: [emm8xuva@gmail.com](mailto:emm8xuva@gmail.com)

Michelle McCrone: [eodmommy@hotmail.com](mailto:eodmommy@hotmail.com)

District Executive:

## FOS Presentation Dates

We need EVERY unit in the District to schedule a Friends of Scouting presentation. If you have not already done so, please contact Ed Murphy ([emm8xuva@gmail.com](mailto:emm8xuva@gmail.com)) or Sue Hart ([Susan.Hart@scouting.org](mailto:Susan.Hart@scouting.org)) with a date for your unit. Please encourage your families to donate to support our Council.

## Roundtables

Our annual Scouting Showcase will be on January 5, 2023, at 7:00 p.m. in the Monticello High School Cafeteria. Every unit is invited to set up a table and have Scouts and leaders talk about their unit. We will be inviting all our Webelos to attend to visit Troops and learn more about them. We will also be inviting the local community to learn more about Scouting. This is a great opportunity to recruit new members!

Our February Roundtable will focus on recharter. All Committee Chairs are encouraged to attend and all unit leaders are welcome. We will be meeting at Monticello High School, February 2, 2023, starting at 7:00 p.m. Units are encouraged to bring a laptop and work on recharter. We will have Unit Commissioners and District Committee Members on hand to answer questions and complete your Journey to Excellence Scorecard. We will even be available to accept checks to pay recharter fees if you complete your recharter. Come with any questions or problems.

Our March Roundtable will be our annual District Awards and Recognition Dinner. We will be meeting in person on March 2 at Mountain View Elementary School in Charlottesville. After a quick opening at 6:30 p.m. we will have a pot luck dinner. Awards will follow after the dinner. Look for more information about the awards just after the New Year. Remember, EVERY unit should submit someone to earn the Unit Scouter of the Year Award.



## Save the Dates: Upcoming District (and some Council) Events

- |                             |  |
|-----------------------------|--|
| <b>Feb 2</b>                | District Roundtable - Recharter<br>Monticello High School  |
| <b>Feb 10-12</b>            | Klondike Derby - Camp<br>Shenandoah  |
| <b>Mar 2</b>                | District Awards and Recognition<br>Dinner - Mountain View Elem   |
| <b>Mar 25</b>               | Trainer's Edge   |
| <b>Mar31-Apr 2</b>          | Intro to Outdoor Leadership Skills,<br>Basic Adult Leader Outdoor<br>Orientation, Wilderness First Aid,<br>CPR - Camp Shenandoah |
| <b>April 22-23</b>          | Cub Scout Aviation Day and<br>Family Camping - Gordonsville<br>Airport   |
| <b>Jun 18-20</b>            | Cub Family Camping - Camp<br>Shenandoah  |
| <b>Jun 21-24</b>            | Webelos Resident Camp - Camp<br>Shenandoah   |
| <b>Sept 22-24/Oct 14-15</b> | Wood Badge Course -<br>Camp Shenandoah   |
| <b>Oct 6-8</b>              | Apple Harvest Camporee   |



# MOUNTAIN VALLEY District

District Chair: Dr. Lawrence Whitehurst

District Commissioner: Matthew Phillippi

Dr. Lawrence Whitehurst: lrwhitehurstmd@gmail.com

Matt Phillippi: mrphillippi@outlook.com

District Executive:

## IT'S BEEN A GREAT START FOR THE MOUNTAIN VALLEY DISTRICT.

There have been some hurdles, but that is normal any time there is some change. Dr. Whitehurst and I have been working diligently to get everything organized in the district and we are constantly looking for more hands to make the work lighter on each of our volunteers. Klondike Derby is coming up fast, and I look forward to seeing our troops racing around camp with their sleds. Those were some of my favorite events as a youth and I hope that this will turn into that for some of you! So, I hope to see you at camp on the 10th through the 12th.

That weekend is also the weekend of Scout Jumuah, Scout Shabbat, and Scout Sunday. During this weekend we pay special attention to the twelfth point of the Scout Law: Reverent. If you're not out at camp, I hope you will participate in those activities, but even if you are at camp it will be a good time to reflect as you are with your fellow Scouts.

I know that Pinewood Derbies have been happening all over the district and we will be seeing lots of Blue and Gold banquets coming up. I hope to see lots of pictures on social media and in my email inbox of Cub Scouts having a great time this month!

With all these events going on, please remember to schedule your unit's Friends of Scouting presentation. We would love to come and chat with your Scouts and their families at a Court of Honor or a Blue and Gold to discuss securing the future of Scouting. February 8th the BSA turns 113 and we want to make sure it continues for many more.

On February 18th we will be honoring the

achievements of Scouts and Scouters from 2022. This will include all of our 2022 Eagle Scouts as well as recognizing the last District Award of Merit recipients from the districts that merged to form Mountain Valley. Please join us to congratulate their achievements and recognize the efforts of our volunteers. It will be a lot of fun and fellowship and we can't wait to see you there.

The last thing I want to talk about is a bit late for February, but I hope you can make use of it going forward. Our Roundtables will be online in our district for the most part as we have a large district and I do not want people to have to drive more than the length of the meeting. That doesn't mean, though, that you should participate alone. Yes, it means you should put on pants, but consider gathering with your fellow Scouters in your unit for Roundtable, or maybe some others nearby. Share a meal beforehand and discuss the topics with each other during a Roundtable watch party. What makes Roundtables fun is the conversation between Scouters and being in a virtual environment doesn't mean you have to miss out on that!

I can't wait to see you at Klondike!

Yours in Scouting,  
*Matt Phillippi*  
Mountain Valley  
District  
Commissioner



## DISTRICT AWARD OF MERITS - THE LAST ONES

### MASSANUTTEN DISTRICT - Tirzah Mashue

Join us in recognizing and thanking Massanutten District's final District Award of Merit recipient, Tirzah Mashue! Many of our Scouts will know Tirzah from day camp where she has been involved for several years. This includes running the program for the last few years in Massanutten even after her son had crossed over into Troop 42, where she now serves as the unit's Committee Chair. We will have plenty more good things to say about her (much to her likely embarrassment) at the council dinner when she is presented with the award, but if you are unable to make it,



### VALLEY DISTRICT - Ray Collins

Ray has not only been an active leader in his home troop, Troop 84, but has been a merit badge counselor for the Valley District. As part of his Wood Badge ticket, he taught the pioneering merit badge to the first Valley female Scouts BSA troop, along with other merit badges. He was one of the first leaders to volunteer to be a merit badge counselor for the new Citizenship in Society and offered his troop as a pilot group. Ray also serves the council as our risk management chair. We cannot think of a more worthy Scouter than Ray to be honored as the last Valley District Award of Merit awardee.



### SOUTHERN DISTRICT - John Arpin

John has truly lived the Scout Oath and Law in his daily life and passed this on to not only his sons but to the many Scouts in NCAC prior to moving to VAHC. He has dedicated his time not only to the Southern District as Unit Commissioner, District Committee member and Merit Badge Counselor but to Camp Shenandoah. John serves our Camp as head of the Shooting Sports Team and is an NRA instructor. In 1975, John received his Eagle Scout rank and OA induction. John served his Country for 28 years before retirement from the Army.



Cash prizes for First, Second and Third Places



**MOUNTAIN VALLEY DISTRICT**

**04 · 29 · 2023**

**SATURDAY**

**GOLF TOURNAMENT**  
 VIRGINIA HEADWATERS COUNCIL • BOY SCOUTS OF AMERICA

**CLIFF VIEW**  
 FALLING SPRING  
 VIRGINIA

REGISTRATION: 8AM / TEE-OFF: 9AM

**CLIFF VIEW GOLF COURSE**  
 410 FRIELS DR, COVINGTON, VA 24426

**\$220 FOURSOME**

INCLUDES FEES,  
 MULLIGANS, AND LUNCH

**VAHCBSA.ORG/GOLF**

CONTACT: 540-968-1343 | TAG474@AOL.COM

**September 18, 2023** - Lexington Golf & Country Club - Lexington, VA AM and PM - 40 teams  
 \$220/team includes cart, mulligans, and lunch. Cash prizes to First, Second and Third places.



## Camp Shenandoah Summer Camp! Reservation Begins

Scouts and Scouters now is the time to get your units registered for Camp Shenandoah the upcoming 2023 summer session. We have a lot of new programming coming this year including addition of Robotics and Camping Merit Badges.

We have new outboard motors for Motorboating MB and hope to expand that program as well as Swimming MB.

Shooting Sports will be offering chalk ball and muzzle loading free shoots this year.

**YOUR camp in YOUR Council needs YOU to join us in 2023! Sign up early to ensure your favorite week at camp!**

June 18-21: Cub Resident Camp  
June 21-24: Webelos Resident Camp  
June 25– July 1: Scouts BSA Week 1  
July 2—July 8: Scouts BSA Week 2  
July 9—July 15: Scouts BSA Week 3  
July 16—July 22: Scouts BSA Week 4

**Reservations now being accepted at  
[www.campshenandoah.org](http://www.campshenandoah.org)**



[facebook.com/campshenandoah](https://facebook.com/campshenandoah)



As Tiger scout from Pack 349 in Stuarts Draft, I was 6 years old when I made my first trip to Camp Shenandoah. 26 years later, I am preparing to return for my 10th summer as a Camp Shenandoah staff member.

I am beyond excited to serve as the Camp Director for Camp Shenandoah's 73rd summer. Joined by "Commissioner Jim" Echols, we plan to highlight the classic camp features of what makes people think of camp as "home" such as: customer service, community, growth, and fun. We have the makings of an excellent staff on board, and I am confident we will all rise to the challenge this summer.

Camp offered me so many life lessons that I use every day as a musician, a teacher, and community member. It is my personal goal that our campers, scouters, and staff find moments of peace, opportunities for leadership, and create lasting memories this summer.

I can not wait to see you at our opening campfire overlooking Hope Lake this summer. It will be an excellent one! Please have your unit sign up for camp as soon as possible so we can best plan for your experience. Also, we are looking for enthusiastic Scouts and Scouters to serve on the Camp Shenandoah Camp Staff. Please apply on-line at the council website.

*Pete Echols*

Camp Director

[CampShenandoahDirector@gmail.com](mailto:CampShenandoahDirector@gmail.com)

**CAMP SHENANDOAH**  
VIRGINIA HEADWATERS COUNCIL, BSA



**Hello fellow Scouts and Scouters,**

Here are some updates on the state of Shenandoah Lodge in February.

### Shenandoah Fest

Shenandoah Lodge will be hosting this new event for anyone and everyone. For all Scouts, please spread the word! Mark your calendars for April 15th, back home at Camp Shenandoah. You can expect fun activities ranging from shooting sports to scoutcraft and much more. At the culmination of the day, we will recognize newly elected candidates at a "Call-Out" Ceremony.

### Unit Elections

Every unit should have received an email recently from Shenandoah Lodge requesting you to schedule a CPUE (Camp Promotion and Unit Election). Our purpose is to ensure every member is recognized for their Scout Spirit. We can't do it without you, and we can't wait to visit you in the coming weeks. If you have any question about unit elections, please email our Vice Chief of Inductions: [vc-inductions@shenandoahlodge.org](mailto:vc-inductions@shenandoahlodge.org)

### Lodge and Section Events

Shenandoah Lodge has begun planning our next big event: Spring Fellowship. At this event, we will be preparing for Section E9's Conclave. On the subject of Section events, our Lodge will be well represented at the Section Leadership Seminar. We will be electing a new Section Chief, and learning and growing together with other Lodges.

Yours in Scouting,

Ben Annan | Lodge Chief  
Achewiecheu Takachsin  
**ORDER OF THE ARROW**  
Shenandoah Lodge #258

(540) 688-7968

# 2023



https://shenandoahlodge.org

## Lodge Events

<p><b>7 January</b> Winter Banquet</p> <p><b>17-19 February</b> NLS/DYLC</p> <p><b>24-26 March</b> Spring Fellowship</p> <p><b>15 April</b> ShenandoahFEST</p> <p><b>28-30 April</b> Conclave</p>	<p><b>2-4 June</b> JUN Induction</p> <p><b>11-13 August</b> AUG Induction</p> <p><b>26-27 August</b> Vigil Event</p> <p><b>29 Sep-1 Oct</b> Lodge Retreat</p> <p><b>4 November</b> Day of Service</p>
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Unit Elections 1 Jan - 8 Apr

### Calling all Adult Arrowmen!

The Lodge has an ambitious year of serving our Council on top of a normally busy Lodge program. In order to maximize our impact, it would be great if we could have adults to advise our various youth leaders. If you'd rather not advise, there's plenty of other things we need help with too. Let me know if you have the time and the interest to support the Lodge. Does it mean more work for you? Yes. Will you get a pay raise? Sure, I'll double your volunteer pay immediately. Scratch that, I'll triple it. Be a part of something great, embrace the irksome and weighty if you think you can handle it. Email me [john74@gmail.com](mailto:john74@gmail.com) to let me know how you'd like to cheerfully serve.

*John Lindegren*  
Adviser, Shenandoah Lodge

# SAVE THE DATE



## APRIL 15, 2023

JOIN US FOR AN ALL-AGES COUNCIL-WIDE DAY OF FUN HOSTED BY SHENANDOAH LODGE

## JOINING CONFERENCES

Fellow Scouters, in the next month we will see many of our Cub Scout AOL's moving into Scouts BSA and starting a whole new experience. As those scouts are joining your unit, please consider conducting a Joining Conference. These are similar to a "Meet the Teacher" night at school. Ideally this would take place between the Scoutmaster, a second leader, the scout and the scouts parents. This should occur for all joining scouts, not just Neurodiverse scouts.

You can get all of the details on joining conferences at <https://ablescouts.org/toolbox/f/>. Here are some key excerpts:

Keep the tone of the conference relaxed and friendly. During the joining conference you want to learn:

What are unique strengths and struggles of this youth?

What accommodations/adaptations are being made at home and at school?

Does anything trigger emotional or behavioral struggles?

How does he/she act when things are getting overwhelming?

What concerns do the parents have about putting their child in Scouting?

The parents/guardians will decide how open they will be with you. Until they trust you, they might not share their child's diagnosis. If they confide in you, ask their permission before telling anyone else about a diagnosis. Practically speaking, it is more important to know the behaviors the Scout may exhibit than the name of the special need or disability. Asking parents for suggestions on how to handle disruptions will help you know which appropriate action to take. This also shows parents you are willing to listen and work with them on what's best for their son or daughter. If you believe the Scout will benefit from other key adult and youth leaders being brought into the loop, you may ask the family if you can brief others.

If appropriate to do so, include the Scout in the

joining conference with their parents. For Cub Scouts, meeting just with the parents is fine. For Scouts BSA and older programs, the Scout is often included in the meeting, but good sense should prevail when deciding whether or not to include the Scout.

This is a candid and private conversation with the family, so the meeting needs to be out-of-earshot of others. It is OK to do this off at the side of a regular unit meeting, but you might have to hold the conference at a different place or time to get privacy.

Depending on how the conversation goes, this may be a good time to mention how the Individual Scout Advancement Plan works

This is also a great chance for parents to get face time with the leadership of the Pack and ask questions. Please note these conferences can also take place with Cub Scouts with the Den Leadership. If you have any questions, please reach out to Steve Brown at [sbrown@bsatroop1003.com](mailto:sbrown@bsatroop1003.com)



On January 28th our Council's DEI committee members Anne Blair, Kayla Capps, and Stephan Brown attended NST 12's Growing Scouting through DEI conference in Owings Mills, MD. Anne co-facilitated a session on building a DEI committee, Kayla facilitated a panel on the LGBTQ+ experience in Scouting, and we all got to share with other councils the great work we have been doing here. It was also good to see folks we have been collaborating with in person!



## Eight essentials for staying warm while cold-weather camping.....

By Gretchen Sparling  
Photographs by Gabe Rogel

- 1. Toes cold? Put on a hat.** Your body loses up to half of its total heat in 40-degree temperatures. So, when it's below freezing and your head is uncovered, you could be radiating more than three-fourths of your overall body heat from your head.
- 2. Get off your rear end.** If you're sitting on a snow bank or a cold rock, you're conducting the heat from your body into the surface of the object beneath you. Often, Northern Tier cold-weather campers stand and sit atop thin foam pads.
- 3. Beware of frosty fuel.** Pouring fuel into a stove? Put on a pair of thick rubber gloves. If it's sub-zero outside, so is the fuel (since it doesn't freeze like water). Spill it on your hands and you will have instant frostbite.
- 4. Baggy clothes are back in style** — at least in the freezing-cold wilderness. Your body heats itself most efficiently when it's enveloped in a layer of warm air. If your clothes are too tight, you're strangling the cold right out of your body. Dressing in loose layers helps aid this convection layer of air. Tight clothes or too-tight boots can also restrict blood-flow.
- 5. The three W's:** Every cold-weather camper needs to dress for the occasion. You'll need a wicking layer (long underwear), a "warm" layer (fleece) and a "wind" layer (waterproof shell).
- 6. Bundle up!** It might be a phrase often heard from your mother, but mom is right about this one. If you're moving around outdoors in the cold and suddenly stop to eat lunch or take a break, put your warmer layers on — even if you're not cold. This change in activity will cause your body heat to plummet. Preempt the cold with an extra layer.
- 7. Fuel the fire.** Feeling cold? Eat a snack. Staying warm is just like keeping a fire burning; every fire needs a steady supply of slow-burning fuel. Unlike a fire, you're body will also need lots of water to help digest food and stay hydrated.
- 8. Wet feet?** Grab a bag — a bread bag, that is. The long plastic bag can stretch over your foot and serve as a liner between your sock and your boot.