

Basic Adult Leader Outdoor Orientation (BALOO)



Participant Information Sheet

Course Date: April 2nd-3rd, 2022

Course Location: Camp Shenandoah, 222 Boy Scout Lane, Swoope, VA 24479

Course Purpose: It is the Cub Scout leader training required for any Cub Scout den or pack outdoor event, including pack camping overnights and Webelos den overnights. BALOO training has two components—an online component and a practical, hands-on component. Both components must be completed to qualify as a “TRAINED” Cub Scout outdoor leader.

The online component **must be completed prior to the practical component. The online training contains introductory and basic information that will be built upon during the practical training.*

Who May Participate: Any registered Scouter. (The target participant is a new Cub Scout leader or parent volunteer who has minimal camping experience but wants to plan and carry out an entry-level outdoor experience for the pack.)

Participant Fees: Includes registration fee. You will need to provide your own food.

What you will learn: By completing this training course, the participant will be able to:

- Explain the focus of the Cub Scout level of the BSA camping program.
- Demonstrate the skills and confidence necessary to plan and carry out a successful, first-time Cub Scout-level camping activity.
- Describe the resources available from the BSA and other sources to carry out this activity.
- Discuss the requirements for successful completion of this activity.

Schedule: Please arrive before 8:30 am for check-in. Course material will be delivered between 9 am on Saturday and 1 pm on Sunday. **Due to COVID requirements, participants may NOT arrive on Friday night.** A detailed course schedule will be provided on check in.

Packing list includes:

- BSA Health Form Parts A and B

- Tent (4-person or smaller) or Hammock
- Sleeping bag
- Sleeping pad or mattress
- Day Pack
- Sturdy Shoes (closed toe shoes must be worn around camp at all times)
- Season appropriate Clothing/ Change of clothes
- Sleeping attire
- Mess kit & coffee mug
- Personal Hygiene Kit: Soap, toothbrush, toothpaste, towel, etc.
- Camp chair
- Notebook, pen, pencil
- Warm Coat or Jacket
- Rain gear
- Hat
- Cub Scout Six Essentials
 - Filled water bottle
 - First-aid kit
 - Flashlight / headlamp
 - Trail Food
 - Sun Protection (SPF 15 or greater)
 - Whistle

Optional Items:

- Compass
- Pocketknife
- Watch
- Camera
- Notebook or paper
- Pencil or pen
- Sunglasses
- Small musical instrument

Participants should be able to carry their own gear from the parking area at Camp to the tent area and be capable of hiking a short distance (1-2 miles) on camp trails.